

Children grow and change very quickly. How they speak, play and act give you important clues about your child's development.

Clues and Cues for Dads: 5 Years

By 5 years of age, does your child:

Language:

- Count out loud or on fingers to answer: "How many are there?"
- Tell long stories about past experience

Cognitive (thinking, learning, problem-solving):

- Use sentences to describe objects and events
- Know common shapes & most letters of alphabet

Social/Emotional:

- Separate easily from you
- Share willingly with others
- Talk about having a best friend

Physical (movement):

- Climb playground equipment without difficulty
- Dress and undress with little help
- Throw & catch ball successfully most of the time
- Draw lines, simple shapes, and a few letters

How can dad help with his child's development?

- ✓ I feel important when I have a few simple jobs; I like to help you daddy.
- ✓ I like to answer the phone and talk to people I know.
- ✓ Daddy let's play hide-seek, tag & dodge ball.
- ✓ Daddy I love to ride my bike & may be ready to take off the training wheels .
- ✓ I am learning so much, Daddy let's play, using letters, numbers, colours: "I Spy with my little eye..."
- ✓ Board games are fun: teach me about rules, counting, taking turns, winning, and losing.

If you have questions or concerns about any activity for your child contact a health care or child care professional.

Get more information at www.ndds.ca.