

Children grow and change very quickly. How they speak, play and act give you important clues about your child's development.

Clues and Cues — 4 Months

By 4 months of age, does your child:

Language:

- Makes sounds when looking at toys or people
- Turns head towards source of sound

Cognitive (thinking, learning, problem-solving):

- Brighten to sound, especially people's voices
- Turn head side-to-side to follow a toy

Social/Emotional:

- Laugh and smile at you
- Respond to you by making sounds and moving arms & legs

Physical (movement):

- Lift head and support self on forearms
- Hold an object briefly, when placed in hand
- Bring both hands to chest and keep head in midline when lying on back

How can dad help with his baby's development?

- ✓ Talk to me face-to-face: use my name.
- ✓ I like it when you move my hands and play pat-a-cake and hide your face.
- ✓ Let's play together: tickling, gentle massage me, watch my response.
- ✓ When I am on my tummy, move brightly coloured toys in front of me to try to get me to reach out for the toys.
- ✓ You will never spoil me by holding me.
- ✓ We need quiet time together so we can get to know each other better.

If you have questions or concerns about any activity for your child contact a health care or child care professional.

Get more information at www.ndds.ca.