

Children grow and change very quickly. How they speak, play and act give you important clues about your child's development.

Clues and Cues — 2 Years

By 2 years of age, does your child:

Language:

- Understand 1 & 2 step directions: "close the door", and "go find your teddy bear"
- Ask for help using words?
- Join 2 words together: "want teddybear", "want daddy"

Cognitive (thinking, learning, problem-solving):

- Learn & use 1 or more new words/week: may only be understood by family
- Use toys for pretend play: give bear a drink

Social/Emotional:

- Like to watch and play near other children
- Say "no" & like to do some things without help

Physical (movement):

- Try to run
- Play in squat position
- Take off own shoes, socks, mitts or hat

How can dad help with child's development?

- ✓ Let's practice climbing & jumping: I love to get in/out of a box & jump from the bottom step.
- ✓ I love sharing storybooks with you daddy: it is fun to cuddle while reading.
- ✓ I want to be independent: encourage me to get dressed, open/close doors, by myself.
- ✓ I like to play sorting games with you: by colour, shape, touch, and size.
- ✓ I am learning about feelings: give me words for my feelings.
- ✓ Get me toys that I can push & peddle.

If you have questions or concerns about any activity for your child contact a health care or child care professional.

Get more information at www.ndds.ca.