

Children grow and change very quickly. How they speak, play and act give you important clues about your child's development.

Clues and Cues — 2 Months

By 2 months of age, does your baby:

Language:

- Makes gurgling sounds & coos
- Turns head towards voices

Cognitive (thinking, learning, problem-solving):

- Pays attention to faces
- Begins to follow things with eyes and recognizes people at a distance
- Begins to act bored if activity doesn't change

Social/Emotional:

- Begins to smile at people
- Able to calm him/herself (e.g., sucking on hand)
- Tries to look at parent

Physical (movement):

- Able to hold head up and begins to push up when lying on tummy
- Movements with arms and legs become smoother

How can dad help with babies' development?

- ✓ You're my first friend and your playing with me will help my brain develop
- ✓ Talk, sing lullabies, rhymes, use high or low pitched voices, just talk to me
- ✓ As you feed me, smile and look into my eyes and face, humming gently
- ✓ I love mirrors, mobiles and dangling things, to grab onto and play with, just out of my reach
- ✓ When I am awake, and being watched, I need tummy time
- ✓ If I cry too much I should be seen by a health care professional

If you have questions or concerns about any activity for your child contact a health care or child care professional.

Get more information at www.ndds.ca.