

Children grow and change very quickly. How they speak, play and act give you important clues about your child's development.

Clues and Cues — 12 Months

By 12 months of age, does your child:

Language:

- “Chatter” to toys or people using 3 different sounds
- Imitate non speech sounds: lip smacking, tongue clicks

Cognitive (thinking, learning, problem-solving):

- Understands simple requests: “No”, “Don’t touch”, “Where’s your toy”, “Find your shoes”
- Looks at person saying my name

Social/Emotional:

- Take turns making sounds with you daddy
- Show many emotions: affection, anger, joy, fear

Physical (movement):

- Crawl or ‘bum’ shuffle easy
- Walk holding onto hands or furniture
- Take things out of containers
- Get up into sitting position without any help

How can dad help with his child's development?

- ✓ Take me for walks outdoors and talk about everything I see and hear.
- ✓ Talk to me in simple, short sentences: “big truck”, “nice cat”, “wet feet”.
- ✓ Hold objects up in front of me and name them: wait for me to respond.
- ✓ Place dry cereal, small crackers, and other small foods in a bowl and encourage me to take them out with my own little hands.
- ✓ When I am angry, comfort me by holding me close and hugging me.
- ✓ Help me to name my feelings.

If you have questions or concerns about any activity for your child contact a health care or child care professional.

Get more information at www.ndds.ca.